

North District: 6 organizations
Faith Training Christian Academy
Mt. Olive
OBCS
SHS
WOGA
SWLA

South District: 8 organizations
AHSAA
Baton Rouge Homeschool
Berchmans
First Baptist Christian School
JPG
TCA
Westminster
Word Ministries

The priority in districting—to both balance the number of participants AND geography. Unfortunately, as with all our sports it is not possible to do that cleanly. SWLA was placed in the North district to help increase the number of participants in the North and because they have competed in that district in the past.

Timeline:

March 17

Registration for North and South Regional Meets open

(Instructions for registering athletes on Direct Athletics are posted on the track page of the website.)

Final ACEL Roster due (roster listing VB, VG, JVB, and JVG on separate rosters, *not by events*)

Grade Reports due

April 14, Registration for Regional Meets Closes at midnight

April 18, Regional Meets

North Regional

Hosted by Shreveport Homeschool Sports @ Airline High School

South Regional

Hosted by Acadiana Homeschool Athletics @ St. Thomas Moore High School

For Both Meets:

0800 Volunteer Meeting

0820 Implement weigh-in

0830 Scratch/ Coach's Meeting

0900 Field Events Begin

0930 3200M

1100 Running Events begin (after completion of field events)

May 2, State Meet

Hosted by Shreveport Homeschool Sports @ Benton High School

ACEL Track rules/ procedures discussed at the preseason meeting

- 4 events maximum per athlete
- 2 per team per event maximum
- JV athletes cannot participate in both Varsity and JV in the same event
- Order of Events (as published on the ACEL website)
 - JVG/VG/JVB/VB. Both North and South will use the same method for staggering events that will be used at state.
 - Field Events first (3200 during field events)
 - Running events
- Top 4 finishers at regionals advance to state.
- 1st, 2nd, and 3rd place finishers will receive ribbon awards. These will be placed in envelopes and handed to coaches at the end of the meet. Please get your envelope before you leave so you can pass the awards out to your team.
- In the event there is only one person competing in an event for the regional meet, that athlete will still need to participate in the event at the meet because their time/measurement will be used for placement at the state meet.
- The host organization will provide the shot put that all athletes will use at the meet. Each organization will have to bring any other equipment that is needed.

- Substitutions
 - Relays
 - Any relay team substitutes must be entered on the event roster prior to the regional meet to be eligible for the State meet. Two substitutions are allowed for a total of 6 members on a relay team.
 - Listing as a substitute does not count toward total number of events; however, no athlete can compete in more as of the scratch meeting.
 - Single Participant Events
 - No substitutions are allowed for single participant events.
 - If an athlete does not participate in the Regional Meet, then that athlete is not eligible to perform in the state meet.
 - Should an athlete that had qualified in the regional meet in a single event not participate in the state meet, the team of that athlete is not allowed a substitute for that athlete in the state meet.

- The next lower placed qualifier based on time, distance, or height, from either regional, becomes eligible to compete at the state meet.