

ACEL Coed Soccer Plan 2022-2023



General Season Information

The 2022-23 Coed Soccer Schedule

Coed Soccer has a 9-week regular season with an additional week for both playoffs and the state championship. No ACEL Coed soccer events are scheduled for the ACEL Fine Arts Weekend (January 28) nor March for Life (January 20.)

For 2022-2023 there are 8 varsity teams, 6 junior varsity teams, and 1 Jv only team.

The Schedule

Teams are scheduled for as many games as the schedule allows for 9 participating teams (varsity and Jv only.) Teams will play every other team once and most teams twice in the regular season. Be aware that there are dates on the schedule that are Jv only, meaning that your Jv will travel alone on those dates.

Varsity teams are scheduled for 13-14 games with 8-10 games for Jv teams.

Districts

All teams are combined into a single district this season.

All games must be completed

Please be aware that all scheduled games must be completed. Any game that can not be completed will be subject to a \$500 fine.

Weather Related Cancellations

Weather related cancellations are unavoidable in soccer. A week has been left at the end of the soccer schedule for make-up games postponed due to weather. DO NOT use that week for games moved for convenience.

Uncompleted Schedules

If a team is unable to complete all scheduled games, then any unplayed games must be appealed to the ACEL executive board for a determination on how to proceed. Teams will be required to provide detailed documentation explaining why the games could not be reasonably made-up.

General Season Information

Playoffs: January 23-27

The following dates are official ACEL playoff dates. Flexibility in playoff scheduling is intended to assist the host Organization secure facilities and officials for the playoff game and to work around weather related issues. Playoff schedule changes should not be made to accommodate personal conflicts or other extra-curricular activities.

To change an official playoff date, both teams must agree to the change and both teams must submit a schedule change form to the ACEL.

Varsity: Top 6 teams by regular season power points advance to playoffs with #1 and #2 earning byes to the state semi-finals.

Round 1 of varsity playoffs is scheduled for Tuesday, January 24, 2023. Highest seeds will host playoff games for seeds 3-6.

Varsity Semi-Finals will take place Friday, February 3, 2023 at the ACEL Coed Soccer State Championship Tournament in Pineville.

JV: Top 6 teams by regular season power points advance to playoffs with #1 and #2 earning first round byes.

Round 1 of Jv playoffs is scheduled for Monday, January 23, 2023. Highest seed will host the playoff games for seeds 3-6.

Round 2 of Jv Playoffs is scheduled for Thursday, January 26, 2023. Highest seed will host.

ACEL Coed Soccer State Championship

The 2022-23 ACEL Coed Soccer State Championship is scheduled for Friday & Saturday, February 3 & 4 in Pineville.

Coed Soccer State Championship gate prices will **not** include the family discount.

February 3rd

Varsity Semi-Finals

February 4th

Jv State Championship
Varsity Consolation Game
Varsity State Championship

Reminders

Read the ACEL Standing Rules

Make sure to read the ACEL Standing Rules available for download from theacel.com. **ACEL Rules have change substantially from last year!** It is vitally important that you read and understand all ACEL rules. Be aware that ACEL rules and procedures are tailored to the unique needs of our Member Organizations. Therefore, some ACEL rules are unlike those customarily found in other leagues. If you have any questions about ACEL rules or operating procedures, please ask your athletic director for clarification.

If any particular situation is not covered in the ACEL Standing Rules, the current NFHS (National Federation of State High School Associations) rules apply.

Coed Soccer Commissioner

The ACEL is seeking a coed soccer commissioner to begin work this coming season. The primary job of the commissioner will be that of a liaison between coaches and the executive director. The coed soccer commissioner will also advise the executive director and the executive board regarding ACEL Coed Soccer policy and procedure. For 2022-23, the coed soccer commissioner position will be a volunteer position.

To apply, explain in an email to the executive director (admin@theacel.com) how you would be an asset to the ACEL as the coed soccer commissioner. Applications will be reviewed by the executive board.

Administrator Required at Each Game

An administrator or a designated representative for each team must be in attendance at all ACEL events. The administrator may NOT be the team's coach nor may they sit on the bench. The purpose of the administrator is to handle issues that may arise with the fans, players, or coaches of their organization. The administrator must locate and introduce themselves to the administrator of the opposing team prior to the beginning of the game. **Administrators for each team shall work together to handle any issue that arises beyond the scope of the officials' authority.** See ACEL Rule Section 2 for more information.

Update Your Coach Information

Please check the members' section of the ACEL website (theacel.com) to confirm that the contact information for your coach and the location of your facility are correct. (The members' section of the website is password protected. Your administrator and athletic director have the password.) To update your information, use the "Information Update Form" available from the forms and downloads section of the website.

MaxPreps

The use of MaxPreps to report player stats for all-state consideration in the ACEL is mandatory. No all-state nomination will be accepted without an accompanying MaxPreps stat report.

Please do not underestimate the time that it can take MaxPreps to approve new organizations or to fix problems within existing accounts. ***If you are new to MaxPreps or are having issues with your MaxPreps account, NOW is the time to get those fixed.***

In order for MaxPreps to work for us as it is intended, player stats must be uploaded for each ACEL game in which an all-state nominated player participates. Stats should be uploaded routinely throughout the season. Waiting until the end of the season makes it difficult for our other teams to link to your schedule and for stat reporting to be transparent.

All-State Voting

All organizations participating in coed soccer are required to attend All-State Voting even if no player is nominated for all-state from the organization. There is a \$500 fine for failure to attend. The coed soccer All-State Voting meeting will be via Zoom, Saturday, January 21.

AED

The ACEL strongly recommends that all organizations have an AED at all ACEL events.

Coed Soccer Rules, Procedures & Policies

The ACEL follows the rules and regulations set by the National Federation of State High Schools (NFHS) for all sanctioned ACEL sports. ACEL supplemental policies and exceptions to NFHS rules are listed below.

ACEL Specific Rules and Policies for Coed Soccer 2022-23

Schedule Changes

The ACEL allows organizations to easily change their schedules as necessary. Both the home and the away team must submit the schedule change form located on the website to change the date of a game.

Score Reporting

Scores must be reported by both the home and away teams by noon the following day. Failure to report the score will result in a fine.

Physicals and Coaches' Concussion Course

All athletes participating in league competition (boys/girls) are required to take and pass a physical examination. These physicals are good for one calendar year. Physicals must be kept on-hand by athletic directors and coaches at all ACEL events and must be presented immediately upon request.

All ACEL coaches are required to take a concussion course yearly and be able to provide evidence/certificate of completion upon request.

Game Day Rosters

A Game Day Rosters will be supplied to the opposing team from each team that exceeds 27 players on their official roster. Only players that appear on a team's official roster may be used on the game day roster. Only players listed on the game day roster are eligible to dress-out for that game.

Field of Play

Size of the Field

The recommended ACEL high school coed soccer field size is 60 X 80 yds. with a minimum field size of 50 X 70 yds. allowed only if a larger field is unavailable. Any ACEL coed soccer team using fields of a size other than 60 X 80 yds. must notify the ACEL of their field size either on the coed soccer commitment form (for fields that are used regularly) or via email to the ACEL in the event of a last-minute field change.

(Please note that the Coed Soccer field size recommendations will be reviewed by the executive board after survey results are obtained.)

Markings

Penalty Kick line at 12 yds. regardless of field size.

Goalie Box recommended dimensions of 6 yds. X 16 yds.

Penalty Box recommended dimensions of 15 yds. X 44 yds. on a 60 yd. field or 15 yds. X 36 yds. on a 50 yd. field.

Goal size

A regulation 8ft X 24ft goal shall be used regardless of field size.

Players and Substitutions

Players

ACEL coed soccer is 9 v 9 with 2 girls on the field at all times.

Substitutions

- Unrestricted substitutions for players
- Free substitution on goal kicks
- When a team has a ball on a throw-in, and they substitute, then and only then, the other team may substitute
- If a girl must leave the game because of an injury, she must be replaced by a girl. If no other girls are available, the team must play 1 man down

Player Equipment

Jerseys

Beginning in 2021-2022, ACEL Coed Soccer teams must have both home and away jerseys per NFHS rule 4-1-1(a): The visiting team shall wear solid white jerseys and solid white socks, and home team shall wear dark jerseys and socks (dark is defined as any color which contrast with white). As discussed at the August 7th coaches' meeting, white jerseys should be mostly white but may have some design elements on them.

Shin guards are mandatory.

Soccer cleats are recommended (no football or baseball cleats allowed).

Officials

All games must have 2 patched officials.

Duration of Game and Length of Periods

Games will consist of two 35-minute halves with a 10-minute break between.

Extra Periods: If the game should end in a tie, penalty kicks will decide the game. Each team gets 5 kicks. The coach must select 5 players from the 9 players that were on the field at the end of regulation play. If there is still a tie after 5 kicks, then there will be 1 kick by each team until there is a winner.

Game Play

All free kicks will be indirect, except when the penalty occurs in the box. The kick then is from the penalty mark.

Goal kicks will be taken within the 6-yard box. No goals will be allowed from a goal kick. In the event that a goal is scored from a goal kick, the opposing team is awarded a goal kick.

Goalies: Girls may punt the ball. Boys are not allowed to punt the ball. The ball must be rolled on the ground then kicked. Goalies are also allowed to throw the ball.

NHFS Rules apply for

- Throw-ins
- Offsides
- Corner Kicks

Communicate with your Executive Director

Most problems and misunderstandings can be avoided simply through communication. Coaches, if you have a league concern please discuss it with your athletic director ASAP. In many instances athletic directors will already have related information from the ACEL. Athletic directors, please do not hesitate to contact me with any league issue you may have. The more you all communicate with me, the better I understand what is actually happening within our league, making me better able to act in the best interest of all our organizations. I cannot address what I do not know.

Sandra Merrow

ACEL Executive Director

admin@theacel.com

337-366-1394

(Leave a message, and I will get back to you.)

2022-23 ACEL Coed Soccer Schedule

Acadiana Christian School Lions—New Iberia
Acadiana Home School Athletics Commandos—Lafayette
Alexandria Homeschool Arts & Athletics Storm—Alexandria
CHEF of Baton Rouge Patriots—Baton Rouge
Christian Homeschool Sports Assoc. of Acadiana Archangels—Lafayette
John Paul the Great Academy Guardians—Lafayette
Open Door Christian Academy Conquerors—Denham Springs
Southwest Louisiana Homeschool Athletics Knights—Lake Charles

(JV ONLY) Messiah Montessori School Eagles—Houma

****Official JV teams listed in bold, as well as official JV contests below****

Preseason Coaches' Meeting Via Zoom October 22

October 31, Monday

JPG @ AHSA
SWLA @ Alexandria
ODCA @ ACS
CHSAA @ CHEF

November 3, Thursday

CHEF @ SWLA
Alexandria @ JPG
Messiah @ JPG
AHSA @ ODCA
CHSAA @ ACS

November 7, Monday

CHEF @ AHSA
JPG @ ODCA
Alexandria @ ACS
CHSAA @ SWLA

November 10, Thursday

ACS @ SWLA
Messiah @ SWLA
ODCA @ CHEF
AHSA @ CHSAA

November 14, Monday

ACS @ JPG
Alexandria @ CHEF
AHSA @ SWLA
CHSAA @ ODCA
Messiah @ ODCA

November 17, Thursday

CHEF @ ACS
JPG @ SWLA
CHSAA @ Alexandria
ODCA @ Messiah

November 28, Monday

ACS@Alexandria
ODCA@SWLA
AHSAA@JPG
CHEF@Messiah

December 1, Thursday

JPG@CHEF
SWLA@CHSAA
Alexandria@AHSAA
Messiah@AHSAA

December 5, Monday

ACS@AHSAA
Alexandria@ODCA
CHSAA@JPG
SWLA@Messiah

December 8, Thursday

CHEF@CHSAA
SWLA@AHSAA
ACS@ODCA
JPG@Messiah

December 12, Monday

JPG@CHSAA
ODCA@Alexandria
AHSAA@ACS

December 15, Thursday

Alexandria@SWLA
ODCA@JPG
AHSAA@CHEF

January 2, Monday

CHEF@ODCA
JPG@Alexandria
SWLA@ACS
CHSAA@AHSAA

January 5, Thursday

CHEF@Alexandria
JPG@ACS
ODCA@CHSAA
AHSAA@Messiah

January 9, Monday

SWLA@JPG
ACS@CHEF
Alexandria@CHSAA

January 12, Thursday

SWLA@CHEF
ACS@CHSAA
ODCA@AHSAA

January 16, Monday

Open

January 19, Thursday

Open

Playoffs & State Championship

All games must be completed by Friday, January 20

Soccer All-State Voting

Saturday, January 21
(via Zoom)

Playoffs

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ACEL Coed Soccer State Championship

Pineville, LA

February 3rd: Varsity Semi-Finals

February 4th: Jv Championship, Varsity Consolation game, and Varsity Championship