**ACEL 8v8 Coed Soccer**

**- 8 v 8**

**- There must be 2 girls on the field at all times**

**- If a girl has to leave because of an injury, she must be replaced by a girl. If no other girls are available, the team must play 1 man down.**

**- Field dimensions – 60 x 80 (optimum) or 50 x 70 (minimum) using a regulation 8 ft x 24 ft goal**

**- Substitution:**

**\*Unrestricted substitution for players**

**\*Free substitution on goal kicks**

**\*When a team has the ball on a throw-in, and they substitute, then**

**and only then, the other team may substitute.**

**- Shin guards are mandatory and soccer cleats are recommended. (*no football or baseball cleats*)**

**- Games will be two 35-minute halves with a 10 minute break in the middle.**

**- All free kicks will be indirect, except when the penalty occurs in the box. The kick then is from the penalty mark.**

**- Normal throw-ins.**

**- Normal rules apply for offsides**

**- Goal kicks will be taken within the 6-yard box. No goals will be allowed from a goal kick. In the event that a goal is scored from a goal kick, the opposing team is awarded a goal kick.**

**- Goalies: Girls may punt the ball. Boys are not allowed to punt the ball. The ball must be rolled on the ground then kicked. Goalies are also allowed to throw the ball.**

**- Corner kicks: Normal rules apply.**

**- Extra periods: If the game should end in a tie, penalty kicks will decide the outcome. Each team gets 5 kicks. The coach must select 5 players from the 8 players that were on the field at the end of regulation play. If it is still tied after 5 kicks, then it will be 1 kick by each team until there is a winner.**

**- All games need to have 2 officials.**

**- All teams must have a uniform.**